

What's On in Feock Parish



September 2025

September dates – clubs & events if not held weekly



Events Spotlight:

Devoran Regatta Saturday 6th September 2pm

8-15yr olds Youth Engagement Activity Picnic 19th Sept 3.30-6.30pm

Stuns'ls Shanty Group Concert Saturday 27th September – 7pm

Repair Café Tues 30th September 10am

Various dates	"Swim Together" social sea swimming group	Loe Beach various dates	Facebook page 'Swim together @ Loe Beach'
Various dates	Cornish Claycutters Baseball Club	Winter meetings – see website/Facebook	www.facebook.com/claycutters claycuttersbaseball@gmail.com
Various dates	Carnon Downs Community Association	Carnon Downs village Seasonal community events	www.carnondownsvillage.co.uk www.facebook.com/carnondownsvillage
6 -7.15pm Juniors + Academy 7.15- 10pm Carrick Chess Club	Falmouth & Truro Chess Club (fortnightly mainly Mondays)	Carnon Downs Village Hall 6pm to 10pm Coaching 6pm to 7.15pm	Check website for dates www.cornwallchess.org.uk/html/clubs/falmouth.shtml Robin Kneebone 07531 543651
Tuesdays: food van, 4-7	Carnon Downs Village Hall Car Park	Carnon Downs Campsite from 7.15	www.facebook.com/CarnonDownsCAMC
Sat early Sept 9am	Wellbeing Trail Rides on the Bissoe Cycle Trail	Kernow Racing Team – start venue tbc	See Kernow Cycle Team Facebook Monthly Saturdays
Tues 2 nd Sept 7.15pm	Old Cornwall Society	Carnon Downs Village Hall	Lewishock@aol.com 1 st Tues of month Sept to Apr
Tues 2 nd Sept 6.45 for 7.30pm start	Feock Film Club 'The Shillingbury Blowers'	St Feock Church Community Hall	1 st Tues of month
Weds 3 rd Sept 10am – 10.25am 10.40am – 11am 11.20am – 11.45am	Cornwall Council Mobile Library	Smithy Lane, Carnon Downs Penpol car park Restranguet Point	Monthly on Wednesdays
Thurs 4 th Sept 2-4pm	Carnon Downs Memory Cafe	Carnon Downs Village Hall	1 st & 3 rd Thursdays of the month
Thursdays 7.pm for 7.30pm	Quiz Night in aid of K9 Crusaders Dog Welfare	Devoran Village Hall	£3 pp 01872 864915 Oct to April (not Jan either)

Friday 5 th Sept 12.30pm (fortnightly)	St Feock Village Lunch 2 course home cooked £7.50	St Feock Church Community Hall	Donna Bryant 07939 819392 Booking Essential!
Sat 6th September Time tbc	Devoran Regatta	Devoran Quay	Volunteers required – see Facebook: Devoran Quay Preservation Society
Sat 7 th Sept 10am – 12 noon	Coffee, Tea and Cake Morning	Carnon Downs Bowling Club, Forth Coth.	1 st Saturday of month – £2
Saturday 13 th Sept 9.30 to 12 noon	Devoran Village Market	Devoran Village Hall & Car Park.	www.facebook.com/DevoranVillageMarket 2 nd Saturday of month
Sat 7 th Sept 10am – 12 noon	Just Coffee & Cake Fundraiser	Linden Hey Garden Tea Room, Penelewey	Fundraising for St Feock Parish Church
Tuesday 9 th Sept 10am	Coffee Spot	Devoran Parish Centre (behind Church)	2 nd and 4 th Tuesdays
Tues 9 th Sept 10am – 12noon	Jozef's Dream Support Group Drop-in/ stay & play/ access to advice	The Hub Carnon Downs	2 nd Tues of month – Sue 07921 537647 Medically complex children
Tuesday 9 th Sept 1.30pm – 4.30pm	Carnon Downs Community Art Group	Carnon Downs Village Hall New Hall	Patricia French 01872 865938 2 nd and 4 th Tuesday
Tues 9 th Sept 2pm – 4pm	Carnon Downs Pain Café monthly relaxing sessions	Carnon Downs Village Hall	Booking required: Libbyhuddy@imagineif.net or call 07496 825523 (2 nd Tues of month)
Tues 6.30 – 10pm	Flower Club	St Feock Church Hall	2 nd Tues of month (Apr/May/Jun) (1.30pm Feb/Mar/Oct/Nov)
Tues 9 th Sept 1pm – 3pm	Accessible Guided Walks for MSK/arthritis conds.	National Trust Trellissick, Feock	Booking: info@cornwallarthritist.org
Weds 10 th Sept 2pm	WI	Carnon Downs Village Hall	
Tues 16 th Sept 7.30pm	Carnon Downs Gardeners' Association	Carnon Downs Village Hall Main Hall	Sandyball1872@gmail.com 3 rd Tues of month Sept to Apr
Thurs 18 th Sept 9am -12pm	Cornwall Library Services Book Delivery / Returns	Feock Parish Council Micro Library, Devoran	Contact Cornwall Library Services 0300 1234 111 for enquiries
Thurs 18 th Sept 2-4pm	Carnon Downs Memory Cafe	Carnon Downs Village Hall	1 st & 3 rd Thursdays of the month
Fri 19 th Sept 6.30pm	Carnon Downs Film Club	Carnon Downs Village Hall	£4 members, £6 non-members 3 rd Friday of month – Sept to May Donna Bryant 07939 819392 Booking Essential!
Friday 19 th Sept 12.30pm (fortnightly)	St Feock Village Lunch 2 course home cooked £7.50	St Feock Church Community Hall	
Fri 19th Sept 3.30- 6.30pm	Youth Engagement Picnic in the Park	Pengelly Meadows Carnon Downs	Activities, prizes, refreshments for 8-15yrs in the Parish

Sun 21 st Sept 4pm – 6pm Tuesday 23 rd Sept 10am	Sunday Stars for 8-13yr olds Coffee Spot	Devoran Parish Centre Devoran Parish Centre (behind Church)	3 rd Sunday of the month. Activities and Pizza. 2 nd and 4 th Tuesdays
Tues 23 rd Sept 1.30pm – 4.30pm	Carnon Downs Community Art Group	Carnon Downs Village Hall	Patricia French 001872 865938 2 nd and 4 th Tuesdays
Weds 24 th Sept 6.30pm – 8.30pm Weds 24 th Sept 1.30pm – 4pm Sat 27th Sept 7pm Tues 30 th Sept 10 – 11am Tues 30th Sept 10am-11.30am	Slow and Easy Folk Sessions U3A French Films The Stuns'ls Shanty Group Knit Knot Natter Repair Café Donations cash only pl.	Devoran Village Lower Hall St Feock Church Community Hall St Feock Church Hall (Booking essential) Linden Hey Tearoom The Hub Carnon Community Methodist Church Hall	devoranslowandeasy@outlook.com 4 th Weds of month, not Aug/Dec Genevieve Rosier 01872 273333 Last Weds of month £15 incl Pasty Supper, BYO drinks 07519 961014 or 07879 424761 Last Tues of month Repairs to be received by 11am Last Tues of month

Daily Listings

MONDAYS

9.30 - 12noon	Carnon Lace & Needle Craft Group	Carnon Downs Village Hall	Mary 07977 625948 emarydunstan@icloud.com
9.15 – 10.15am	HIFT (High Intensity Functional Training)	Devoran Village Hall	Zoejcrouse@gmail.com
10.30 – 11.30am	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
10am to 12 noon Term time only	Sunbeams Stay & Play Toddler group	The Hub, Carnon Community Methodist Church	Enquiries to join waiting list please contact: 07871 367859
10am pick up	St Feock Community Minibus Day Trip	<i>1st Mousehole, 15th St Mawes, 22nd Pub Lunch, 29th Bodmin</i>	To book phone 07754 107835 Between 9.30am and 10.30am
12-1pm	Fit For Life 60+	Devoran Village Hall	Zoejcrouse@gmail.com
12.15pm Pm 2pm	Gentle Pilates Knit & Stitch Group U3A Yoga	CDVH CDVH St Feock Community Church Hall	Liz Walden 01326 376843 Sept - May
4 to 6pm	U3A Table Tennis	St Feock Community Church Hall	Merrick 01872 865336
6pm	Pilates Flow	Chycara	Book online www.lapilates.co.uk
6.15pm	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
6.30 – 7.30pm	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com

TUESDAYS

9.45 to 11.45am	IT Class - bring own laptop etc.	Carnon Downs Village Hall	£3 including Coffee
10 to 11.30am	MyFeock Walks & Talks	<i>tbc</i>	FREE - Book via 01872 863333 Cathy@feockparishcouncil.co.uk as walks can be subject to change

9.0 am Pick-up	St Feock Community Bus Day Trip	9th Sept Widecombe Fair	Booking: 07754107835 9.30-10.30am
10am	Slow Flow Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
12.30pm	Pilates (Fresh)	CDVH	
4.10pm	Pilates (Intermediate)	CDVH	
4.30 to 7pm	Fish, Chip & Pizza Van	Forth Coth, Carnon Downs	Carnon Campsite from 7.15pm
6pm	Physio-Led Pilates	Devoran Village Hall	Ruthbennettphysio@gmail.com
6.15pm	Dynamic Vinyasa Yoga	Anella Yoga Studio, Devoran	07971238811 anellayoga.com
6.45 to 7.45pm	Iyengar Yoga (UK)	Devoran Village (Lower) Hall	£5 donation/class
Term time			
7.15pm	Pregnancy Yoga	Devoran Village Hall	Ruthbennettphysio@gmail.com
7.15 to 8.45pm	The Riverside Singers	Devoran Parish Centre	Helen 01209 821310
Term time			07747740987 – free trial session
7.30pm	Quiz Night	The Old Quay Inn, Devoran	£3 per person, booking requires 01872 863142- half time snacks
WEDNESDAYS			
9.15am	The Body Project	The Hub, Carnon Community Methodist Church	www.thinkfitcornwall.com
9.15am	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
9.30am – 12 noon	Produce Van	Devoran Village Hall	
10.15am	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971238811 anellayoga.com
10.30am	Functional Strength	Devoran Village Hall	Zoejcrouse@gmail.com
10.30am to noon	Community Coffee Morning	The Hub, Carnon Community Methodist Church	
12 noon	Zest for Life Men's Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
11am to 1pm 5th & 19 th Sept	The Wellbeing Club	Perranwell Village Hall	Sue 07817 303112 fortnightly.
1.30 to 4pm	U3A Art Group 1 st , 2 nd & 3 rd Weds	St Feock Church Community Hall	01872 865764
2pm	The Carrick Singers Choir	Kea Community Centre	Andrew 01872 870164
2.30pm	Carpet Bowls	The Hub, Carnon Community Methodist Church	
2.45pm	Pilates for Life	Carnon Downs Village Hall	Sarah Trotter
4pm	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
6pm	Pilates Gentle with Lucy	Chycara	Book online www.lapilates.co.uk
6pm	Fal & Truro Chess Club	Carnon Downs village Hall	Robin Kneebone 07531 543651 chesscornwall@gmail.com
6.30pm	Deep Stretch + Crystal Bowls	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
6.30pm	Devoran Cubs & Scouts	Devoran Village Hall	Harryjones61@icloud.com 07785 392377
	Devoran Explorer Scouts	Devoran Village Hall	teamleaders@devoranexplorers.org
THURSDAYS			
9.30am	Yoga general, beginners,	CDVH	9.30 / 11.30

10am pick up	St Feock Community Minibus Day Trip	<i>4th Pinetum Garden, 11th Pub Lunch, 18th St Ives, 25th Emily Hobouse Museum, St Ives</i> No Dogs!	To book phone 07754 107835 Between 9.30am and 10.30am
10am to 12 noon	'Time to Create' Mindfulness & Creative Art therapies for Wellbeing with Gaelle	Carnon Downs Village Hall	Rates: £10 recommended but donations accepted. 07782 506285 to book hello@mindfulreset.co.uk
10.30am	Deep Stretch + Crystal Bowls	Anella Yoga Studio Devoran	07971 238811 www.anellayoga.com
10.30am	Zest for Life Pilates	Devoran Village Hall	zoejcrouse@gmail.com
1.45 to 2.45pm	Mum & Baby Yoga	Devoran Village Hall	Ruthbennettphysio@gmail.com
2pm – 4.30pm	Ladies Table Tennis	St Feock Church Comm Hall	01872 863377 Sept - June
2pm	Whist Drive	CDVH	
3.15 to 4.15pm	Physio-Led Pilates	Devoran Village Hall	Ruthbennettphysio@gmail.com
5pm	Slice Pizza Van	Carnon Downs Village Hall	www.slicepizzacornwall.com
6.15pm	Iyengar Yoga	CDVH	
6.30pm	Gentle Flow Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
FRIDAYS			
9.30am to 11am Term time only	Tots & Toys Stay & Play Toddler Group	Devoran Village Hall	07702 800248 Jane@thewatersidechurches.com
10am	Pilates (intermed/improvers)	CDVH	
10 to 12 noon	Carnon Downs Crafters Crochet & Sew Workshop	Carnon Downs Village Hall	Make fun street art, all abilities welcome, just turn up!
1pm	Bridge Club	CDVH	
2.20pm	Wesley Guild	Carnon Community Methodist Church Hall	
4.15 – 5.45pm	Ceilidh Dance (Barn Dance)	Devoran Village Hall	All ages (12+) contact www.ceilidhcornwall.com
6.15 – 7.15pm	Restorative + Reiki	Anella Yoga Studio Devoran	07971 238811 anellayoga.com
SATURDAYS			
10am	Vinyasa	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
11.15am	Stagezone Youth Theatre	CDVH	Michelle Moses 07967 828770
please check times 1.30pm	Perranwell Football Club Produce Van	Tregye Pitch, Carnon Downs Devoran Village Hall Car Park	07971 951201 Except Village Market days
SUNDAYS			
9am	Tiny Toes Ballet	Devoran Village Hall	Tinytoesballet.co.uk/cornwall
9.30 -10.30	Pilates	Anella Yoga Studio Devoran	07971 238811 anellayoga.com
10am	Church Service	Waterside Churches Devoran & St Feock	01872 276357
10.45 – 11.45am	Dynamic Hatha Yoga	Anella Yoga Studios, Devoran	07971238811 anellayoga.com
10am	Bissoe Trail Walking Group	Bissoe Valley Car Park 1 hour walk	Sallybeme@gmail.com Facebook page

10.30am	Church Service	The Hub, Carnon Community Methodist Church	
10.30 to 11.30am	The Community Space	Penpoll Chapel	Hot drink and a chat
10.30am	Quaker Meeting House	Come to Good	Quiet reflection
11am - weather permitting	Carnon Downs Car Boot Sale	Cats Protection field, Point Road, Carnon Downs	www.facebook.com/CornwallAdoptionCentre
11.15am	Meditation	Anella Yoga Studios, Devoran	07971238811 anellayoga.com

Deadline for events for inclusion in October 'What's On' is 22nd September 2025



WALK & TALK

Improve your wellbeing with our Guided Walks in Feock Parish

Walks held every 2nd and 4th Tuesday @ 10am - 1.5 hrs walk time

2nd Tuesday of 'even' months will be a shorter 30 minute 'Feock Strolls' walk

Come and join our experienced walk leader through our beautiful local countryside, embrace our local heritage on the Parish Council's 'Feock Trails' walks and new Active Feock 'Feock Strolls' walks.

Dogs welcome on fixed leads, bring a drink and a snack.



To book your free place:
 Call 01872 863333, 9am – 12 noon weekdays
 or email myfeock@feockparishcouncil.gov.uk

Walk meeting points are listed on our websites
www.myfeock.co.uk - www.feockparishcouncil.gov.uk



The Hub
Carnon Community Methodist Church



CORNWALL
repair
cafe
NETWORK



REPAIR CAFE



If you can carry it, we'll take a look!

- ✓ Wooden items - bolting, tightening, gluing and creating new pieces and woodwork
- ✓ Clocks (not battery or electric)
- ✓ Electrical - plugs, fuses, basic wiring (sorry no PAT testing)
- ✓ Clothing & textiles - mending, zips, darning, repairs
- ✓ Soft toys, knitting and crochet
- ✓ Minor jewellery repairs
- ✓ Technology
- ✓ Vacuums (must be clean/empty, all attachments present and recharger/cord and plug present)
- ✓ South West Water and Community Energy Plus drop in help desks plus meet your Parish Councillor



**Pop into see us - last Tuesday of the month,
10 to 11.30am @ The Hub - Carnon Community
Methodist Church Hall, Carnon Downs**

**Items must be received by 11am to allow for repairs
up to 11.30am**

Cash donations for refreshments & repairs gratefully received
towards the cost of running the Repair Cafe

Contact: myfeock@feockparishcouncil.gov.uk

www.myfeock.co.uk  MyFeock Wellbeing 01872 863333



Could you spare a little time helping your community?

Would you like to support our local services, activities and events? Lots of local groups are looking for volunteer support.

We would love to hear from you if you have time to volunteer!

Please get in touch:

Feock Parish Council 01872 863333 or myfeock@feockparishcouncil.gov.uk

Follow us on Facebook – MyFeock Wellbeing

This What's On listing has been produced by MyFeock wellbeing (Feock Parish Council's wellbeing service).

If you would like your event, group or activity added please get in touch.

A copy of this listing as well an electronic calendar can be found on

www.myfeock.co.uk

