

What's On in Feock Parish



September 2026

September dates – clubs & events if not held weekly



Events Spotlight:

Carnon Downs Bowling Club – every day from 10am

Fun Prize Bingo – Sat 5th CD Village Hall 2pm cake 3pm Bingo

Point & Penpol Regatta – Sat 12th 3pm + Sun 13th Service 10.30am

Fun Prize Bingo – Sat 12th DVH, Devoran 7pm

Repair Café – Tues 29th The Hub Carnon Community Methodist Hall

Various dates	"Swim Together" social sea swimming group	Loe Beach various dates	Facebook page 'Swim together @ Loe Beach'
Various dates	Cornish Claycutters Baseball Club	Winter meetings – see website/Facebook	www.facebook.com/claycutters claycuttersbaseball@gmail.com
Various dates	Carnon Downs Community Association	Carnon Downs village Seasonal community events	www.carnondownsvillage.co.uk www.facebook.com/carnondownsvillage
6 -7.15pm Juniors + Academy 7.15- 10pm Carrick Chess Club	Falmouth & Truro Chess Club (fortnightly mainly Mondays)	Carnon Downs Village Hall 6pm to 10pm Coaching 6pm to 7.15pm	Check website for dates www.cornwallchess.org.uk/html/clubs/falmouth.shtml Robin Kneebone 07531 543651
Tuesdays: food van, 4-7	Carnon Downs Village Hall Car Park	Carnon Downs Campsite from 7.15	www.facebook.com/CarnonDownsCAMC
Sat early Sept 9am	Wellbeing Trail Rides on the Bissoe Cycle Trail	Kernow Racing Team – start venue tbc	See Kernow Cycle Team Facebook Monthly Saturdays
Tues 1 st Sept 10am	Arthritis Trust Walks	Trelissick Gardens – meet by main entrance	Booking essential please: info@cornwallarthritis.org.uk
Tues 1 st Sept 7.15pm	Old Cornwall Society – Intro to Cornwall's Medieval Stone Crosses	Carnon Downs Village Hall	Lewishock@aol.com 1 st Tues of month Sept to Apr subscriptions £15, visitors £3
Weds 2 nd Sept 10am – 10.25am 10.40am – 11am 11.20am – 11.45am	Cornwall Council Mobile Library	Smithy Lane, Carnon Downs Penpol car park Restronguet Point	Monthly on Wednesdays
Thurs 3 rd Sept 2-4pm	Carnon Downs Memory Cafe	Carnon Downs Village Hall	1 st & 3 rd Thursdays of the month

Friday 4 th Sept 12.30pm(fortnightly)	St Feock Village Lunch 2 course home cooked £8.50	St Feock Church Community Hall	Donna Bryant 07939 819392 Booking Essential!
Sat 5 th Sept 10am – 12 noon	Coffee, Tea and Cake Morning	Carnon Downs Bowling Club, Forth Coth.	1 st Saturday of month – £2
Sat 5th Sept 2pm cake, 3pm Bingo	Fun Prize Bingo -CD Community Assoc	CD Village Hall	Funds towards Christmas Lights £6 per book £1.50 per game
Tues 8 th Sept 2pm	Carnon Downs WI – 'Life with a Guide Dog'	Carnon Downs Village Hall (Weds in Summer 7pm)	Contact: 07941411993 petchapman@hotmail.com
Tues 10 to 11.30am tbc	MyFeock Walks & Talks – meeting place available on booking	miles medium difficulty, walking boots/good trainers advised	FREE - Book via 01872 863333 Cathy@feockparishcouncil.co.uk as walks can be subject to change
Tues 8 th Sept 10am – 12noon	Jozef's Dream Support Group Drop-in/ stay & play/ access to advice	The Hub Carnon Downs	2 nd Tues of month – Sue 07921 537647 Medically complex children
Tues 8 th Sept 1pm – 3pm	Chair-based Pilates Cornwall Arthritis Trust	The Barn, Trellisick Gardens (incl free car park)	£6 per session, incl light refreshment book: info@cornwallarthritis.org.uk
Tues 13 th Oct 1.30pm (6.30pm)	Flower Club	St Feock Church Hall	2 nd Tues of month (Apr/May/Jun) (1.30pm Feb/Mar/Oct/Nov)
Tues 8 th Sept 1.30pm – 4.30pm	Carnon Downs Community Art Group	Carnon Downs Village Hall New Hall	Patricia French 01872 865938 2 nd and 4 th Tuesday
Tues 8 th Sept 2pm – 4pm	Carnon Downs Pain Café monthly relaxing sessions	Carnon Downs Village Hall	Booking required: Libbyhuddy@imagineif.net or call 07496 825523 (2 nd Tues of month)
Thurs 10 th Sept 9am -12pm	Cornwall Library Services Book Delivery / Returns	Feock Parish Council Micro Library, Devoran	Contact Cornwall Library Services 0300 1234 111 for enquiries
Sat 12th Sept & Sun 13th	Point & Penpol Regatta 3pm onwards	Point Quay Ecumenical Service 10.30am	Refer to Facebook for more information
Sat 12th Sept 7pm for 7.15pm	Fun Bingo - £8 for 6 games, raffle, bar	Devoran Village Hall	booking essential: 01872 274555 / in person Truro Visitor Info centre
Tues 15 th Sept 7.30pm	Carnon Downs Gardeners' Association	Carnon Downs Village Hall Main Hall	maryjackmanco@yahoo.co.uk 3 rd Tues of month Sept to June
Weds 16 th Sept 1pm – 3pm	Arthritis Trust Walks	Trellisick Gardens – meet by main entrance	Booking essential please: info@cornwallarthritis.org.uk
Friday 18 th Sept 12.30pm (fortnightly)	St Feock Village Lunch 2 course home cooked £7.50	St Feock Church Community Hall	Donna Bryant 07939 819392 Booking Essential!

Fri 18th Sept 6.30pm	Carnon Downs Film Club	Carnon Downs Village Hall	£4 members, £6 non-members 3rd Friday of month – Sept to May
Sun 20 th Sept 4pm – 6pm	Sunday Stars for 8-13yr olds	Devoran Parish Centre	3 rd Sunday of the month. Activities and Pizza.
Tues 10 to 11.30am	MyFeock Walks & Talks – meeting place available on booking	<i>tbc</i>	FREE - Book via 01872 863333 Cathy@feockparishcouncil.co.uk as walks can be subject to change
Tuesday 22 nd Sept 10am	Coffee Spot	Devoran Parish Centre (behind Church)	2 nd and 4 th Tuesdays
Tues 22 nd Sept 1.30pm – 4.30pm	Carnon Downs Community Art Group	Carnon Downs Village Hall	Patricia French 001872 865938 2 nd and 4 th Tuesdays
Fri 25th Sept call-out to former pupils Sat 26 th Sept 7.30pm	Kea School 1976 Leavers Meet-up 'Meles Lutra' Cornish/LoS Music and Stories	Punchbowl & Ladle, Penelewey St Kea Church: donations to Truro Food Bank & British Divers Marine Rescue	Informal gathering contact: simon_burgess@live.com Free entry but booking req: https://bit.ly/MelesLutra-kea
Tues 29th Sept 10am-11.30am	Repair Café	The Hub Carnon Community Methodist Church Hall	Repairs to be received by 11am Last Tues of month
Tuesday 29 th Sept 10am	Knit Knot and Natter	Linden Hey Tea Room	Last Tues of Month
Weds 30 th Sept 1.30pm – 4pm	U3A French Films	St Feock Church Community Hall	Genevieve Rosier 01872 273333 Last Weds of month

Daily Listings

MONDAYS

9.00 - 12noon	Carnon Lace & Needle Craft Group	Carnon Downs Village Hall	Mary 07977 625948 emarydunstan@icloud.com
9.15 – 10.15am	HIFT (High Intensity Functional Training)	Devoran Village Hall	Zoejcrouse@gmail.com
10.30 – 11.30am	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
10am to 12 noon Term time only	Sunbeams Stay & Play Toddler group	The Hub, Carnon Community Methodist Church	Enquiries to join waiting list please contact: 07871 367859
12-1pm	Fit For Life 60+	Devoran Village Hall	Zoejcrouse@gmail.com
12.15pm	Gentle Pilates	Carnon Downs Village Hall	Contact Maureen Stones 01872 560509 Liz Walden 01326 376843 Sept - May Merrick 01872 865336
Afternoons in the Main Hall	Knit & Stitch Group	Carnon Downs Village Hall	
2pm	U3A Yoga	St Feock Community Church Hall	Book online www.lapilates.co.uk
4 to 6pm	U3A Table Tennis	St Feock Community Church Hall	
6pm	Pilates Flow	Chycara	
6.15pm	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
6.30 – 7.30pm	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com

TUESDAYS

9.45 to 11.45am	IT Class - bring own laptop etc.	Carnon Downs Village Hall	£3 including Coffee
10am pick up	St Feock Community Minibus Day Trip	<i>1st Trelawney Garden Centre, 8th Padstow, 15th St Ives, 22nd Looe, 29th Lanhydrock</i>	To book phone 07754 107835 Between 9.30am and 10.30am
10am	Slow Flow Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
12.30pm	Pilates (Fresh)	Carnon Downs Village Hall	
4.10pm	Pilates (Intermediate)	Carnon Downs Village Hall	
4.30 to 7pm	Fish, Chip & Pizza Van	Forth Coth, Carnon Downs	Carnon Campsite from 7.15pm
6pm	Physio-Led Pilates	Devoran Village Hall	Ruthbennettphysio@gmail.com
6.15pm	Dynamic Vinyasa Yoga	Anella Yoga Studio, Devoran	07971238811 anellayoga.com
6.45 to 7.45pm	Iyengar Yoga (UK)	Devoran Village (Lower) Hall	£5 donation/class
Term time			
7.15pm	Pregnancy Yoga	Devoran Village Hall	Ruthbennettphysio@gmail.com
7.15 to 8.45pm	The Riverside Singers	Devoran Parish Centre	Helen 01209 821310
Term time			07747740987 – free trial session
7.30pm	Quiz Night	The Old Quay Inn, Devoran	£3 per person, booking requires 01872 863142- half time snacks

WEDNESDAYS

9.15am	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
9.30am – 12 noon	Produce Van	Devoran Village Hall	
10.15am	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971238811 anellayoga.com
10.30am	Functional Strength	Devoran Village Hall	Zoejcrouse@gmail.com
10.30am to noon	Community Coffee Morning	The Hub, Carnon Community Methodist Church	
12 noon	Zest for Life Men's Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
11am to 1pm 9 th & 23 rd Sept	The Wellbeing Club	Perranwell Village Hall	Sue 07817 303112 fortnightly.
1.30 to 4pm	U3A Art Group 1 st , 2 nd & 3 rd Weds	St Feock Church Community Hall	01872 865764
2pm	The Carrick Singers Choir	Kea Community Centre	Andrew 01872 870164
2pm – 4.30pm	Lawn Green Bowling Practice Matches	Carnon Downs Bowling Club	Steve McCarthy 01872 396091 mccarthies@aol.com
2.30pm	Carpet Bowls	The Hub, Carnon Community Methodist Church	
2.45pm	Pilates for Life	Carnon Downs Village Hall	Sarah Trotter
4pm	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
6pm	Pilates Gentle with Lucy	Chycara	Book online www.lapilates.co.uk
6pm	Fal & Truro Chess Club	Carnon Downs village Hall	Robin Kneebone 07531 543651 chesscornwall@gmail.com
6.30pm	Deep Stretch + Crystal Bowls	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com

6.30pm	Devoran Cubs & Scouts Devoran Explorer Scouts	Devoran Village Hall Devoran Village Hall	Harryjones61@icloud.com 07785 392377 teamleaders@devoranexplorers.org
THURSDAYS			
9.30am 11.30am	Beginners Yoga for All Gentle Yoga	Carnon Downs Village Hall	Julia 07810 882281 www.oceanlightyoga.co.uk
10am pick up	St Feock Community Minibus Day Trip	<i>3rd The Lizard, 10th Porthleven, 17th Roseland Pub Lunch, 24th Mevagissey</i>	To book phone 07754 107835 Between 9.30am and 10.30am
10.30am	Deep Stretch + Crystal Bowls	Anella Yoga Studio Devoran	07971 238811 www.anellayoga.com
10.30am	Zest for Life Pilates	Devoran Village Hall	zoejcrouse@gmail.com
1.45 to 2.45pm	Mum & Baby Yoga	Devoran Village Hall	Ruthbennettphysio@gmail.com
2pm – 4.30pm	Ladies Table Tennis	St Feock Church Comm Hall	01872 863377 Sept - June
1.30pm	Whist Drive	Carnon Downs Village Hall	
3.15 to 4.15pm	Physio-Led Pilates	Devoran Village Hall	Ruthbennettphysio@gmail.com
5pm 6.15pm 6.30pm	Doh! Pizza Van Iyengar Yoga Gentle Flow Yoga	Carnon Downs Camp Site Carnon Downs Village Hall Anella Yoga Studio, Devoran	www.dohpizzacornwall.com 07971 238811 www.anellayoga.com
FRIDAYS			
9.30am to 11am Term time only 10am	Tots & Toys Stay & Play Toddler Group Pilates (intermed/improvers)	Devoran Village Hall Carnon Downs Village Hall	07702 800248 Jane@thewatersidechurches.com
10 to 12 noon	Carnon Downs Crafters Crochet & Sew Workshop	Carnon Downs Village Hall	Make fun street art, all abilities welcome, just turn up!
12.30 -4pm	St Piran's Bridge Club	CDVH -New Hall	We welcome new members – no partner required 01872 863453
2.20pm	Wesley Guild	Carnon Community Methodist Church Hall	
6.15 – 7.15pm	Restorative + Reiki	Anella Yoga Studio Devoran	07971 238811 anellayoga.com
SATURDAYS			
10am	Vinyasa	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
11.15am	Stagezone Youth Theatre	Carnon Downs Village Hall	Michelle Moses 07967 828770
please check times	Perranwell Football Club	Tregye Pitch, Carnon Downs	07971 951201
1.30pm	Produce Van	Devoran Village Hall Car Park	Except Village Market days
SUNDAYS			
9am 9.30 -10.30	Tiny Toes Ballet Pilates	Devoran Village Hall Anella Yoga Studio Devoran	Tinytoesballet.co.uk/cornwall 07971 238811 anellayoga.com

10am	Church Service	Waterside Churches Devoran & St Feock	01872 276357
10.45 – 11.45am	Dynamic Hatha Yoga	Anella Yoga Studios, Devoran	07971238811 anellayoga.com
10am	Bissoe Trail Walking Group	Bissoe Valley Car Park 1 hour walk	Sallybeme@gmail.com Facebook page
10.30am	Church Service	The Hub, Carnon Community Methodist Church	
10.30 to 11.30am	The Community Space	Penpoll Chapel	Hot drink and a chat
10.30am	Quaker Meeting House	Come to Good	Quiet reflection
11am - weather permitting	Cats Protection Car Boot Sale	Cats Protection field, Point Road, Carnon Downs	www.facebook.com/CornwallAdoptionCentre
11.15am	Meditation	Anella Yoga Studios, Devoran	07971238811 anellayoga.com

Deadline for events for inclusion in October 'What's On' is 20th September 2026

Feock on Foot Short Walks Maps available from Feock Parish Council Office

Feock on Foot
WALKS AROUND THE PARISH

WELCOME TO THE PICTURESQUE PARISH OF FEOCK, AN AREA WITH AN ABUNDANCE OF BOTH RURAL AND RIVERSIDE SCENERY JUST WAITING TO BE DISCOVERED!

To help you enjoy walking within the Parish we've assembled a collection of longer walking trails which highlight the natural beauty of the countryside, and also identified shorter strolls which connect points of interest via more accessible routes.

The map above provides a general overview of the length and locations of these walks, but for more detailed directions and mapping, please visit our website — or pop in to our office in Devoran, where printed leaflets featuring the Feock Trails are available, free of charge.

feockparishcouncil.gov.uk

Information correct as of October 2025

KEY TO PATHWAYS

- FEOCK TRAIL
- FEOCK STROLL
- PUBLIC ROAD
- PUBLIC RIGHT OF WAY

VILLAGE HALLS

- 1 Carnon Downs Village Hall
- 2 St Feock Church Community Hall
- 3 Devoran Village Hall
- 4 Devoran Parish Centre
- 5 The Hub Church Hall
- 6 Penpoll Community Space

RECREATION PARKS

- 1 Penpoll Meadows
- 2 Penpoll Quarry Children's Play Park
- 3 Devoran Recreation Ground
- 4 Betalack Playing Field

CAR PARKS

- 1 Trillick National Trust (free, apply to local authorities)
- 2 Feock Church (free, apply)
- 3 Bissoe Trail (free, apply)
- 4 Loe Beach Café (free, apply)
- 5 Roadside parking (free)

DEFIBRILLATORS

- 1 Devoran
- 2 Farris Garage
- 3 Trillick Craft
- 4 St Feock Church Hall
- 5 Loe Beach Café
- 6 Loe Beach Café
- 7 Carnon Downs Bowling Club
- 8 The Punchbowl & Lads
- 9 Carnon Downs
- 10 Point Green
- 11 Trillick Gardens
- 12 Carnon Downs Caravan & Motorhome Club

WATERSIDE ACCESS

- 1 Devoran Quay
- 2 Carnon Mine
- 3 Point Quay
- 4 Carnon Yard
- 5 Restronguet Point
- 6 Chychoose Beach
- 7 Penpoll Boat Yard
- 8 Roundwood Quay

RELIGIOUS BUILDINGS

- Devoran Church
- St Feock Church
- The Hub Carnon Community Methodist Church
- Penpoll Methodist Church
- Come to Good Quaker Meeting House

GREEN SPACES

- 1 Jubilee Wood
- 2 Dyson's Field
- 3 Point Green
- 4 Point Orchard

REFRESHMENTS

- 1 Hart of the Valley (restaurant)
- 2 Homeligh Truro (cafe)
- 3 Carnon Downs Caravan & Motorhome Club (cafe)
- 4 The Old Quay Inn
- 5 The Punch Bowl & Lads (pub)
- 6 Linden Hey Garden Tea Room
- 7 Loe Beach Café
- 8 Crofters Café (Trillick Gardens, NT)
- 9 Carnon Inn

KEY TO FEOCK TRAILS

- 1 Carnon Downs North
- 2 Carnon Downs East
- 3 Carnon Downs West
- 4 Carnon Downs South
- 5 Feock
- 6 Trillick
- 7 Roundwood
- 8 Devoran North
- 9 Point
- 10 Penpoll
- 11 Feock North
- 12 Feock South
- 13 Restronguet
- 14 Point Tram Road
- 15 Devoran East

KEY TO FEOCK STROLLS

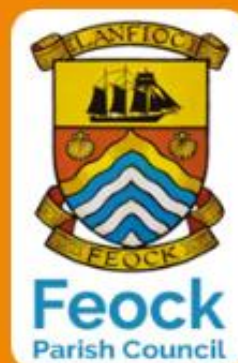
- 1 Carnon Downs North
- 2 Carnon Downs East
- 3 Carnon Downs West
- 4 Carnon Downs South
- 5 Feock
- 6 Trillick
- 7 Roundwood
- 8 Devoran North
- 9 Point
- 10 Penpoll
- 11 Feock North
- 12 Feock South
- 13 Restronguet
- 14 Point Tram Road
- 15 Devoran East

Scan here for further information on cycle routes, public byways, footpaths and bridleways.

* This route is scheduled to be fully accessible to the public by the end of 2026.

REPAIR CAFE

If you can carry it, we'll
take a look!



- ✓ Wooden items - bolting, tightening, gluing and creating new pieces and woodwork
- ✓ Clocks (not battery or electric)
- ✓ Electrical - plugs, fuses, basic wiring (sorry no PAT testing)
- ✓ Clothing & textiles - mending, zips, darning, repairs
- ✓ Soft toys, knitting and crochet
- ✓ Minor jewellery repairs
- ✓ Technology
- ✓ Vacuums (must be clean/empty, all attachments present and recharger/cord and plug present)
- ✓ MyFeock Wellbeing & community services help desks
- ✓ Meet your Parish Councillors



**Pop into see us - last Tuesday of the month,
10 to 11.30am @ The Hub - Carnon Community
Methodist Church Hall, Carnon Downs**

**Items must be received by 11am to allow for repairs
up to 11.30am**

Cash donations for refreshments & repairs gratefully received
towards the cost of running the Repair Cafe

Contact: Cathy via email myfeock@feockparishcouncil.gov.uk

www.myfeock.co.uk



MyFeock Wellbeing

Tel: 01872 863333



The Hub

Carnon Community Methodist Church

Made with PosterMyWall.com





Could you spare a little time helping your community?

Would you like to support our local services, activities and events? Lots of local groups are looking for volunteer support.

We would love to hear from you if you have time to volunteer!

Please get in touch:

Feock Parish Council 01872 863333 or myfeock@feockparishcouncil.gov.uk

Follow us on Facebook – MyFeock Wellbeing

This What's On listing has been produced by MyFeock wellbeing (Feock Parish Council's wellbeing service).

If you would like your event, group or activity added please get in touch.

A copy of this listing as well an electronic calendar can be found on

www.myfeock.co.uk

