

What's On in Feock Parish



March 2026

March dates – clubs & events if not held weekly



Events Spotlight:

Carnon Downs Bowling Club – every day from 10am

'Eyes Down' Comedy Thriller – 7th March DVH 7.30pm

Devoran Spring Flower Show – 21st March DVH 2pm – 5pm

St Feock Spring Show – 21st March St Feock Church Com Hall 2pm

Repair Café – 31st March The Hub Carnon Community Methodist Hall

Various dates	"Swim Together" social sea swimming group	Loe Beach various dates	Facebook page 'Swim together @ Loe Beach'
Various dates	Cornish Claycutters Baseball Club	Winter meetings – see website/Facebook	www.facebook.com/claycutters claycuttersbaseball@gmail.com
Various dates	Carnon Downs Community Association	Carnon Downs village Seasonal community events	www.carnondownsvillage.co.uk www.facebook.com/carnondownsvillage
6 -7.15pm Juniors + Academy 7.15- 10pm Carrick Chess Club	Falmouth & Truro Chess Club (fortnightly mainly Mondays)	Carnon Downs Village Hall 6pm to 10pm Coaching 6pm to 7.15pm	Check website for dates www.cornwallchess.org.uk/html/clubs/falmouth.shtml Robin Kneebone 07531 543651
Tuesdays: food van, 4-7	Carnon Downs Village Hall Car Park	Carnon Downs Campsite from 7.15	www.facebook.com/CarnonDownsCAMC
Sat early Mar 9am	Wellbeing Trail Rides on the Bissoe Cycle Trail	Kernow Racing Team – start venue tbc	See Kernow Cycle Team Facebook Monthly Saturdays
Tues 3 rd Mar 7.15pm	Old Cornwall Society	Carnon Downs Village Hall	Lewishock@aol.com 1 st Tues of month Sept to Apr
Thurs 5 th Mar 10.30am	9.30 – Little Eden Baby & Toddler Church	Carnon Methodist Community Church	No charge but donation appreciated. 1 st Thurs.
Thurs 5 th Mar 4pm	2- Carnon Downs Memory Cafe	Carnon Downs Village Hall	1 st & 3 rd Thursdays of the month
Thurs 5 th Mar (1 st Thurs) 7.pm for 7.30pm	Quiz Night in aid of K9 Crusaders Dog Welfare	And in aid of Devoran Village Hall	£3 pp 01872 864915 Oct to April (not Jan either)
Friday 6 th Mar 12.30pm(fortnightly)	St Feock Village Lunch 2 course home cooked £7.50	St Feock Church Community Hall	Donna Bryant 07939 819392 Booking Essential!

Sat 7 th Mar 12 noon	10am –	Coffee, Tea and Cake Morning	Carnon Downs Bowling Club, Forth Coth.	1 st Saturday of month – £2
Sat 7th Mar 7.30pm		'Eyes Down' Comedy Thriller Show	Devoran Village Hall	Tickets £9/£12/£15 www.carntocove.co.uk
Tuesday 10 th Mar 10am		Coffee Spot	Devoran Parish Centre (behind Church)	2 nd and 4 th Tuesdays
Tues 10 th Mar 1.30pm (6.30pm)		Flower Club	St Feock Church Hall	2 nd Tues of month (Apr/May/Jun) (1.30pm Feb/Mar/Oct/Nov)
Tues 10 th Mar 12noon	10am –	Jozef's Dream Support Group Drop-in/ stay & play/ access to advice	The Hub Carnon Downs	2 nd Tues of month – Sue 07921 537647 Medically complex children
Tuesday 10 th Mar 1.30pm – 4.30pm		Carnon Downs Community Art Group	Carnon Downs Village Hall New Hall	Patricia French 01872 865938 2 nd and 4 th Tuesday
Tues 10 th Mar 2pm – 4pm		Carnon Downs Pain Café monthly relaxing sessions	Carnon Downs Village Hall	Booking required: Libbyhuddy@imagineif.net or call 07496 825523 (2 nd Tues of month)
Weds 11 th Mar 2pm		Carnon Downs WI	Carnon Downs Village Hall (Tues in Summer 7pm)	Contact: 07941411993 petchapman@hotmail.com
Sun 15 th Mar 4pm – 6pm		Sunday Stars for 8-13yr olds	Devoran Parish Centre	3 rd Sunday of the month. Activities and Pizza.
Tues 17 th Mar 7.30pm		Carnon Downs Gardeners' Association	Carnon Downs Village Hall Main Hall	Sandyball1872@gmail.com 3 rd Tues of month Sept to Apr
Weds 18 th Mar 10am – 10.25am 10.40am – 11am 11.20am – 11.45am		Cornwall Council Mobile Library	Smithy Lane, Carnon Downs Penpol car park Restronguet Point	Monthly on Wednesdays
Weds 18 th Mar 7pm		'Qu?Z' Evening	Carnon Downs Village Hall	See Carnon Downs and Surrounding Area's Facebook page
Thurs 19 th Mar 9am -12pm		Cornwall Library Services Book Delivery / Returns	Feock Parish Council Micro Library, Devoran	Contact Cornwall Library Services 0300 1234 111 for enquiries
Thurs 19 th Mar 2-4pm		Carnon Downs Memory Cafe	Carnon Downs Village Hall	1 st & 3 rd Thursdays of the month
Friday 20 th Mar 12.30pm (fortnightly)		St Feock Village Lunch 2 course home cooked £7.50	St Feock Church Community Hall	Donna Bryant 07939 819392 Booking Essential!
Sat 21st Mar 2-5pm		Devoran Spring Flower Show	Devoran Village Hall	Entry forms: DVH, Old Quay Inn, Feock Parish Council Office

Sat 21st Mar 2pm

St Feock Spring Show St Feock Church Comm. Hall

www.stfeockpals.org.uk 01872 865767 deadline 7pm 14th Mar

Fri 20 th Mar 6.30pm	Carnon Downs Film Club	Carnon Downs Village Hall	£4 members, £6 non-members 3 rd Friday of month – Sept to May 2 nd and 4 th Tuesdays
Tuesday 24 th Feb 10am	Coffee Spot	Devoran Parish Centre (behind Church)	

Tues 24 th Feb 1.30pm – 4.30pm	Carnon Downs Community Art Group	Carnon Downs Village Hall	Patricia French 001872 865938 2 nd and 4 th Tuesdays
---	----------------------------------	---------------------------	--

Weds 25 th Feb 1.30pm – 4pm	U3A French Films	St Feock Church Community Hall	Genevieve Rosier 01872 273333 Last Weds of month
--	------------------	--------------------------------	--

Tues 31st Mar 10am-11.30am	Repair Café	The Hub Carnon Community Methodist Church Hall	Repairs to be received by 11am Last Tues of month
--	--------------------	---	--

Tuesday 31 st Mar 10am	Knit Knot and Natter	Linden Hey Tea Room	Last Tues of Month
-----------------------------------	----------------------	---------------------	--------------------

Daily Listings

MONDAYS

9.00 - 12noon	Carnon Lace & Needle Craft Group	Carnon Downs Village Hall	Mary 07977 625948 emarydunstan@icloud.com
9.15 – 10.15am	HIFT (High Intensity Functional Training)	Devoran Village Hall	Zoejcrouse@gmail.com
10.30 – 11.30am	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
10am to 12 noon Term time only	Sunbeams Stay & Play Toddler group	The Hub, Carnon Community Methodist Church	Enquiries to join waiting list please contact: 07871 367859
10am pick up	St Feock Community Minibus Day Trip	<i>2nd Trago/ Halfway House Pub, 9th Mevagissey, 16th St Ives, 23rd Trelawney Gdn Cnt, 30th Pencarrow</i>	To book phone 07754 107835 Between 9.30am and 10.30am
12-1pm	Fit For Life 60+	Devoran Village Hall	Zoejcrouse@gmail.com
12.15pm Pm 2pm	Gentle Pilates Knit & Stitch Group U3A Yoga	Carnon Downs Village Hall Carnon Downs Village Hall St Feock Community Church Hall	Liz Walden 01326 376843 Sept - May
4 to 6pm	U3A Table Tennis	St Feock Community Church Hall	Merrick 01872 865336
6pm	Pilates Flow	Chycara	Book online www.lapilates.co.uk
6.15pm	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
6.30 – 7.30pm	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com

TUESDAYS

9.45 to 11.45am	IT Class - bring own laptop etc.	Carnon Downs Village Hall	£3 including Coffee
-----------------	----------------------------------	---------------------------	---------------------

10 to 11.30am	MyFeock Walks & Talks	<i>To be confirmed – please book to check meeting place</i>	FREE - Book via 01872 863333 Cathy@feockparishcouncil.co.uk as walks can be subject to change 07971 238811 www.anellayoga.com
10am	Slow Flow Yoga	Anella Yoga Studio, Devoran	
12.30pm	Pilates (Fresh)	Carnon Downs Village Hall	
4.10pm	Pilates (Intermediate)	Carnon Downs Village Hall	
4.30 to 7pm	Fish, Chip & Pizza Van	Forth Coth, Carnon Downs	Carnon Campsite from 7.15pm
6pm	Physio-Led Pilates	Devoran Village Hall	Ruthbennettphysio@gmail.com
6.15pm	Dynamic Vinyasa Yoga	Anella Yoga Studio, Devoran	07971238811 anellayoga.com
6.45 to 7.45pm	Iyengar Yoga (UK)	Devoran Village (Lower) Hall	£5 donation/class
Term time			
7.15pm	Pregnancy Yoga	Devoran Village Hall	Ruthbennettphysio@gmail.com
7.15 to 8.45pm	The Riverside Singers	Devoran Parish Centre	Helen 01209 821310 07747740987 – free trial session
Term time			
7.30pm	Quiz Night	The Old Quay Inn, Devoran	£3 per person, booking requires 01872 863142- half time snacks

WEDNESDAYS

9.15am	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
9.30am – 12 noon	Produce Van	Devoran Village Hall	
10.15am	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971238811 anellayoga.com
10.30am	Functional Strength	Devoran Village Hall	Zoejcrouse@gmail.com
10.30am to noon	Community Coffee Morning	The Hub, Carnon Community Methodist Church	
12 noon	Zest for Life Men's Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
11am to 1pm 12 th & 26 th Nov	The Wellbeing Club	Perranwell Village Hall	Sue 07817 303112 fortnightly.
1.30 to 4pm	U3A Art Group 1 st , 2 nd & 3 rd Weds	St Feock Church Community Hall	01872 865764
2pm	The Carrick Singers Choir	Kea Community Centre	Andrew 01872 870164
2pm – 4.30pm	Lawn Green Bowling Practice Matches	Carnon Downs Bowling Club	Steve McCarthy 01872 396091 mccarthies@aol.com
2.30pm	Carpet Bowls	The Hub, Carnon Community Methodist Church	
2.45pm	Pilates for Life	Carnon Downs Village Hall	Sarah Trotter
4pm	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
6pm	Pilates Gentle with Lucy	Chycara	Book online www.lapilates.co.uk
6pm	Fal & Truro Chess Club	Carnon Downs village Hall	Robin Kneebone 07531 543651 chesscornwall@gmail.com
6.30pm	Deep Stretch + Crystal Bowls	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
6.30pm	Devoran Cubs & Scouts	Devoran Village Hall	Harryjones61@icloud.com 07785 392377

Devoran Explorer Scouts	Devoran Village Hall	teamleaders@devoranexplorers.org
-------------------------	----------------------	----------------------------------

THURSDAYS

9.30am	Yoga general, beginners,	Carnon Downs Village Hall	9.30 / 11.30
10am pick up	St Feock Community Minibus Day Trip	<i>5th Fowey Cider Farm, 12th Newquay Zoo, 19th Porthleven, 26th Lanhydrock</i>	To book phone 07754 107835 Between 9.30am and 10.30am
10.30am	Deep Stretch + Crystal Bowls	Anella Yoga Studio Devoran	07971 238811 www.anellayoga.com
10.30am	Zest for Life Pilates	Devoran Village Hall	zoejcrouse@gmail.com
1.45 to 2.45pm	Mum & Baby Yoga	Devoran Village Hall	Ruthbennettphysio@gmail.com
2pm – 4.30pm	Ladies Table Tennis	St Feock Church Comm Hall	01872 863377 Sept - June
2pm	Whist Drive	Carnon Downs Village Hall	
3.15 to 4.15pm	Physio-Led Pilates	Devoran Village Hall	Ruthbennettphysio@gmail.com
5pm	Slice Pizza Van	Carnon Downs Village Hall	www.slicepizzacornwall.com
6.15pm	Iyengar Yoga	Carnon Downs Village Hall	
6.30pm	Gentle Flow Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com

FRIDAYS

9.30am to 11am Term time only	Tots & Toys Stay & Play Toddler Group	Devoran Village Hall	07702 800248 Jane@thewatersidechurches.com
10am	Pilates (intermed/improvers)	Carnon Downs Village Hall	
10 to 12 noon	Carnon Downs Crafters Crochet & Sew Workshop	Carnon Downs Village Hall	Make fun street art, all abilities welcome, just turn up!
1pm	Bridge Club	Carnon Downs Village Hall	
2.20pm	Wesley Guild	Carnon Community Methodist Church Hall	
6.15 – 7.15pm	Restorative + Reiki	Anella Yoga Studio Devoran	07971 238811 anellayoga.com

SATURDAYS

10am	Vinyasa	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
11.15am	Stagezone Youth Theatre	Carnon Downs Village Hall	Michelle Moses 07967 828770
please check times	Perranwell Football Club	Tregye Pitch, Carnon Downs	07971 951201
1.30pm	Produce Van	Devoran Village Hall Car Park	Except Village Market days

SUNDAYS

9am	Tiny Toes Ballet	Devoran Village Hall	Tinytoesballet.co.uk/cornwall
9.30 -10.30	Pilates	Anella Yoga Studio Devoran	07971 238811 anellayoga.com
10am	Church Service	Waterside Churches Devoran & St Feock	01872 276357
10.45 – 11.45am	Dynamic Hatha Yoga	Anella Yoga Studios, Devoran	07971238811 anellayoga.com
10am	Bissoe Trail Walking Group	Bissoe Valley Car Park 1 hour walk	Sallybeme@gmail.com Facebook page

10.30am	Church Service	The Hub, Carnon Community Methodist Church	
10.30 to 11.30am	The Community Space	Penpoll Chapel	Hot drink and a chat
10.30am	Quaker Meeting House	Come to Good	Quiet reflection
11am - weather permitting	Carnon Downs Car Boot Sale	Cats Protection field, Point Road, Carnon Downs	www.facebook.com/CornwallAdoptionCentre
11.15am	Meditation	Anella Yoga Studios, Devoran	07971238811 anellayoga.com

Deadline for events for inclusion in April 'What's On' is 20th March 2026

Feock Parish Council

Feock on Foot

WALKS AROUND THE PARISH

KEY TO PATHWAYS

- FEOCK TRAIL
- FEOCK STROLL
- PUBLIC ROAD
- PUBLIC RIGHT OF WAY

VILLAGE HALLS

- Carnon Downs Village Hall
- St Feock Church Community Hall
- St Feock Church
- Devoran Village Hall
- Devoran Parish Centre
- The Hub Church Hall
- Penpoll Community Space

RECREATION PARKS

- Pengelly Meadows
- Park An Guerry Children's Play Park
- Devoran Recreation Ground
- Retalack Playing Field

CAR PARKS

- Trellick National Trust
- Feock Church
- Blisloe Trail
- Loe Beach Café
- Roadside parking

DEFIBRILLATORS

- Devoran
- Ferri's Garage
- Traber Croft
- St Feock Church Hall
- Loe Beach Café
- Silken Downs Bowling Club
- The Punchbowl & Lads
- Carnon Downs
- Point Green
- Trellick Gardens
- Carnon Downs Caravan & Motorhome Club

WATERSIDE ACCESS

- Devoran Quay
- Carnon Mine
- Point Quay
- Carnon Yard
- Restrong Point
- Chycoose Beach
- Penpoll Boat Yard
- Roundwood Quay

RELIGIOUS BUILDINGS

- Devoran Church
- St Feock Church
- The Hub Carnon Community Methodist Church
- Penpoll Methodist Church
- Come to Good Quaker Meeting House

GREEN SPACES

- Sublee Wood
- Dyson's Field
- Point Green
- Point Orchard

REFRESHMENTS

- Hart of the Valley (restaurant)
- Hometleigh Truro (café)
- Carnon Downs Caravan & Motorhome Club (café)
- The Old Quay Inn
- The Punch Bowl & Lads (pub)
- Linden Hay Garden Tea Room
- Loe Beach Café
- Crofters Café (Trellick Gardens, NT)
- Carnon Inn

KEY TO FEOCK TRAILS

- 1 Carnon Downs
- 2 Devoran
- 3 Point & Penpoll
- 4 Point & Pendeisway
- 5 Feock
- 6 Trellick
- 7 Roundwood

KEY TO FEOCK STROLLS

- 1 Carnon Downs North
- 2 Carnon Downs East
- 3 Carnon Downs West
- 4 Carnon Downs South
- 5 Carnon Downs West*
- 6 Devoran South
- 7 Devoran East
- 8 Devoran North
- 9 Point
- 10 Penpoll
- 11 Feock North
- 12 Feock South
- 13 Restrong
- 14 Point Train Road

KEY TO FEOCK TRAILS

- 1 Carnon Downs
- 2 Devoran
- 3 Point & Penpoll
- 4 Point & Pendeisway
- 5 Feock
- 6 Trellick
- 7 Roundwood

KEY TO FEOCK STROLLS

- 1 Carnon Downs North
- 2 Carnon Downs East
- 3 Carnon Downs West
- 4 Carnon Downs South
- 5 Carnon Downs West*
- 6 Devoran South
- 7 Devoran East
- 8 Devoran North
- 9 Point
- 10 Penpoll
- 11 Feock North
- 12 Feock South
- 13 Restrong
- 14 Point Train Road

WELCOME TO THE PICTURESQUE PARISH OF FEOCK, AN AREA WITH AN ABUNDANCE OF BOTH RURAL AND RIVERSIDE SCENERY JUST WAITING TO BE DISCOVERED!

To help you enjoy walking within the Parish we've assembled a collection of longer walking trails which highlight the natural beauty of the countryside, and also identified shorter strolls which connect points of interest via more accessible routes.

The map above provides a general overview of the length and locations of these walks, but for more detailed directions and mapping, please visit our website or pop in to our office in Devoran, where printed leaflets featuring the Feock Trails are available, free of charge.

feockparishcouncil.gov.uk

Information correct as of October 2025

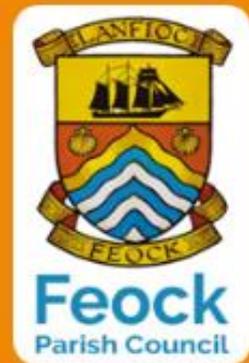
Scan here for further information on cycle routes, public byways, footpaths and bridleways.

*This route is scheduled to be fully accessible to the public by the end of 2026.

Feock on Foot Short Walks Maps available from Feock Parish Council Office

REPAIR CAFE

If you can carry it, we'll
take a look!



- ✓ Wooden items - bolting, tightening, gluing and creating new pieces and woodwork
- ✓ Clocks (not battery or electric)
- ✓ Electrical - plugs, fuses, basic wiring (sorry no PAT testing)
- ✓ Clothing & textiles - mending, zips, darning, repairs
- ✓ Soft toys, knitting and crochet
- ✓ Minor jewellery repairs
- ✓ Technology
- ✓ Vacuums (must be clean/empty, all attachments present and recharger/cord and plug present)
- ✓ MyFeock Wellbeing & community services help desks
- ✓ Meet your Parish Councillors



Pop into see us - last Tuesday of the month,
10 to 11.30am @ The Hub - Carnon Community
Methodist Church Hall, Carnon Downs

Items must be received by 11am to allow for repairs
up to 11.30am

Cash donations for refreshments & repairs gratefully received
towards the cost of running the Repair Cafe

Contact: Cathy via email myfeock@feockparishcouncil.gov.uk



Made with PosterMyWall.com



www.myfeock.co.uk

MyFeock Wellbeing

Tel: 01872 863333





Could you spare a little time helping your community?

Would you like to support our local services, activities and events? Lots of local groups are looking for volunteer support.

We would love to hear from you if you have time to volunteer!

Please get in touch:

Feock Parish Council 01872 863333 or myfeock@feockparishcouncil.gov.uk

Follow us on Facebook – MyFeock Wellbeing

This What's On listing has been produced by MyFeock wellbeing (Feock Parish Council's wellbeing service).

If you would like your event, group or activity added please get in touch.

A copy of this listing as well an electronic calendar can be found on

www.myfeock.co.uk

