

# What's On in Feock Parish



## April 2025

April dates – clubs & events if not held weekly

Events Spotlight:

Easter: Good Friday 18<sup>th</sup> – Bank Holiday Monday 21<sup>st</sup> April

Various dates	"Swim Together" social sea swimming group	Loe Beach various dates	Facebook page 'Swim together @ Loe Beach'
Various dates	Cornish Claycutters Baseball Club	Winter meetings – see website/Facebook	<a href="http://www.facebook.com/claycutters">www.facebook.com/claycutters</a> <a href="mailto:claycuttersbaseball@gmail.com">claycuttersbaseball@gmail.com</a>
Various dates	Carnon Downs Community Association	Carnon Downs village Seasonal community events	<a href="http://www.carnondownsvillage.co.uk">www.carnondownsvillage.co.uk</a> <a href="http://www.facebook.com/carnondownsvillage">www.facebook.com/carnondownsvillage</a>
6 -7.15pm Juniors + Academy 7.15- 10pm Carrick Chess Club	Falmouth & Truro Chess Club (fortnightly mainly Mondays)	Carnon Downs Village Hall 6pm to 10pm Coaching 6pm to 7.15pm	Check website for dates <a href="http://www.cornwallchess.org.uk/html/clubs/falmouth.shtml">www.cornwallchess.org.uk/html/clubs/falmouth.shtml</a> Robin Kneebone 07531 543651
Tuesdays: food van, 4-7	Carnon Downs Village Hall Car Park	Carnon Downs Campsite from 7.15	<a href="http://www.facebook.com/CarnonDownsCAMC">www.facebook.com/CarnonDownsCAMC</a>
Sat early April 9am	Wellbeing Trail Rides on the Bissoe Cycle Trail	Kernow Racing Team – start venue tbc	See Kernow Cycle Team Facebook Monthly Saturdays
Tues 1 <sup>st</sup> April 6.45 for 7.30 screening	Film Club	St Feock Church Community Hall	1 <sup>st</sup> Tues of month
Tues 1 <sup>st</sup> April 7.15pm	Carnon Downs Old Cornwall Society	Carnon Downs Village Hall Social Evening 'Dew Vardh'	Lewishock@aol.com 1 <sup>st</sup> Tues of month Sept to Apr
Thurs 3 <sup>rd</sup> April 2-4pm	Carnon Downs Memory Cafe	Carnon Downs Village Hall	1 <sup>st</sup> & 3 <sup>rd</sup> Thursdays of the month
Thurs 3 <sup>rd</sup> April 7.0pm for 7.30pm	Quiz Night in aid of K9 Crusaders Dog Welfare	DVH	£3 pp 01872 864915
Friday 4 <sup>th</sup> April 12.30pm (fortnightly)	St Feock Village Lunch 2 course home cooked £7.50	St Feock Church Community Hall	Donna Bryant 07939 819392 Booking Essential!
Sat 5 <sup>th</sup> April 10am – 12 noon	Coffee, Tea and Cake Morning	Carnon Downs Bowling Club, Forth Coth.	1 <sup>st</sup> Saturday of month – £2
Tuesday 8 <sup>th</sup> April 10am	Coffee Spot	Devoran Parish Centre (behind Church)	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays

Tues 8 <sup>th</sup> April 10am – 12noon	Jozef's Dream Support Group Drop-in/ stay & play/ access to advice	The Hub Carnon Downs	2 <sup>nd</sup> Tues of month – Sue 07921 537647 Medically complex children
Tuesday 8 <sup>th</sup> April 1.30pm – 4.30pm	Carnon Downs Community Art Group	Carnon Downs Village Hall New Hall	Patricia French 01872 865938 2 <sup>nd</sup> and 4 <sup>th</sup> Tuesday
Tues 8 <sup>th</sup> April 2pm – 4pm	Carnon Downs Pain Café monthly relaxing sessions	Carnon Downs Village Hall	Booking required: <a href="mailto:Libbyhuddy@imagineif.net">Libbyhuddy@imagineif.net</a> or call 07496 825523 (2 <sup>nd</sup> Tues of month) Contact Cornwall Library Services 0300 1234 111 for enquiries
Thurs 10 <sup>th</sup> April 9am -12pm	Cornwall Library Services Book Delivery / Returns	Feock Parish Council Micro Library, Devoran	
Saturday 12 <sup>th</sup> April 9.30 to 12 noon	Devoran Village Market	Devoran Village Hall & Car Park.	<a href="http://www.facebook.com/DevoranVillageMarket">www.facebook.com/DevoranVillageMarket</a> 2 <sup>nd</sup> Saturday of month
Tues 15 <sup>th</sup> April 7.30pm	Carnon Downs Gardeners' Association	Carnon Downs Village Hall Main Hall	<a href="mailto:Sandyball1872@gmail.com">Sandyball1872@gmail.com</a> 3 <sup>rd</sup> Tues of month Sept to Apr
Weds 16 <sup>th</sup> April <b>10am – 10.25am</b> <b>10.40am – 11am</b> <b>11.20am – 11.45am</b>	Cornwall Council Mobile Library	<b>Smithy Lane, Carnon Downs</b> <b>Penpol car park</b> <b>Restrouquet Point</b>	Monthly on Wednesdays
Thurs 17 <sup>th</sup> April 2-4pm	Carnon Downs Memory Café	Carnon Downs Village Hall	1 <sup>st</sup> and 3 <sup>rd</sup> Thurs of the month
Thurs 17 <sup>th</sup> April 7pm for 7.30pm	Devoran Gardening Club (3 <sup>rd</sup> Thurs of month)	Devoran Village Hall	<a href="mailto:j.ival@talktalk.net">j.ival@talktalk.net</a> Steve 01872 864701, Ian 01872 870170
Fri 18 <sup>th</sup> April 6.30pm	Carnon Downs Film Club	Carnon Downs Village Hall	£4 members, £6 non-members 3 <sup>rd</sup> Friday of month – Sept to May
Friday 18 <sup>th</sup> Apr 12.30pm (fortnightly)	St Feock Village Lunch 2 course home cooked £7.50	St Feock Church Community Hall	Donna Bryant 07939 819392 Booking Essential!
<b>Sat 19<sup>th</sup> April</b> <b>10am – 12.30pm</b>	<b>Easter Trail &amp; Coffee Morning (CDCA)</b>	<b>Carnon Downs Village Hall</b> <b>Trail map £1.50 incl treat</b>	<b>In aid of Village Christmas Lights Display. Cake donations welcome</b>
Sun 20 <sup>th</sup> April 4pm – 6pm	Sunday Stars for 8-13yr olds	Devoran Parish Centre	3 <sup>rd</sup> Sunday of the month. Activities and Pizza.
Tuesday 22 <sup>nd</sup> April 10am	Coffee Spot	Devoran Parish Centre (behind Church)	2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays
Tues 22 <sup>nd</sup> April 1.30pm – 4.30pm	Carnon Downs Community Art Group	Carnon Downs Village Hall	Patricia French 001872 865938 2 <sup>nd</sup> and 4 <sup>th</sup> Tuesdays
Weds 23 <sup>rd</sup> April 6.30pm – 8.30pm	Slow and Easy Folk Sessions	Devoran Village Lower Hall	<a href="mailto:devoranslowandeasy@outlook.com">devoranslowandeasy@outlook.com</a> 4 <sup>th</sup> Weds of month, not Aug/Dec
Tues 29 <sup>th</sup> April 10am-11.30am	Repair Café	The Hub Carnon Community Methodist Church Hall	Repairs to be received by 11am Last Tues of month

Weds 30<sup>th</sup> April  
1.30pm – 4pm

U3A French Films

St Feock Church Community  
Hall

Genevieve Rosier 01872 273333  
Last Weds of month

## DAILY Listings

### MONDAYS

9 - 12noon	Carnon Needle & Craft Group	Carnon Downs Village Hall	Mary 07977 625948 <a href="mailto:emarydunstan@icloud.com">emarydunstan@icloud.com</a>
9.15 – 10.15am	HIFT (High Intensity Functional Training)	Devoran Village Hall	<a href="mailto:Zoejcrouse@gmail.com">Zoejcrouse@gmail.com</a>
10.30 – 11.30am	Pilates	Devoran Village Hall	<a href="mailto:Zoejcrouse@gmail.com">Zoejcrouse@gmail.com</a>
10am to 12 noon Term time only	Sunbeams Stay & Play Toddler group	The Hub, Carnon Community Methodist Church	Enquiries to join waiting list please contact: 07871 367859
10 to 10.50 am	Bongo Babes 0-4 years	Carnon Downs Village Hall	Kayleigh 0771 8383510
10am pick up	St Feock Community Minibus Day Trip	<i>3<sup>rd</sup> Falmouth, 10<sup>th</sup> Sennen, 17<sup>th</sup> Mullion, 24<sup>th</sup> Mevagissey, 31<sup>st</sup> Perranporth</i>	To book phone 07754 107835 Between 9.30am and 10.30am
12-1pm	Fit For Life 60+	Devoran Village Hall	<a href="mailto:Zoejcrouse@gmail.com">Zoejcrouse@gmail.com</a>
2pm	U3A Yoga	St Feock Community Church Hall	Liz Walden 01326 376843
2pm	Pilates for Life – Matwork	Carnon Downs Village Hall	Sarah Trotter
4 to 6pm	U3A Table Tennis	St Feock Community Church Hall	Merrick 01872 865336
6pm	Pilates Flow	Chycara	Book online <a href="http://www.lapilates.co.uk">www.lapilates.co.uk</a>
6.15pm	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971 238811 <a href="http://www.anellayoga.com">www.anellayoga.com</a>
6.30 – 7.30pm	Pilates	Devoran Village Hall	<a href="mailto:Zoejcrouse@gmail.com">Zoejcrouse@gmail.com</a>

### TUESDAYS

9.45 to 11.45am	IT Class - bring own laptop etc.	Carnon Downs Village Hall	£3 including Coffee
10 to 11.30am	MyFeock Walks & Talks	<i>11<sup>th</sup> &amp; 25<sup>th</sup> To be confirmed - please check with office.</i>	FREE - Book via 01872 863333 <a href="mailto:Cathy@feockparishcouncil.co.uk">Cathy@feockparishcouncil.co.uk</a> as walks can be subject to change
10am	Slow Flow Yoga	Anella Yoga Studio, Devoran	07971 238811 <a href="http://www.anellayoga.com">www.anellayoga.com</a>
4.30 to 7pm 6pm	Fish, Chip & Pizza Van Physio-Led Pilates	Forth Coth, Carnon Downs Devoran Village Hall	Carnon Campsite from 7.15pm <a href="mailto:Ruthbennettphysio@gmail.com">Ruthbennettphysio@gmail.com</a>
6.15pm 6.30pm	Dynamic Vinyasa Yoga Circuits	Anella Yoga Studio, Devoran The Hub, Carnon Community Methodist Church	07971238811 <a href="http://www.thinkfitcornwall.com">www.thinkfitcornwall.com</a>
6.45 to 7.45pm Term time	Iyengar Yoga (UK)	Devoran Village (Lower) Hall	£5 donation/class
7.15pm 7.15 to 8.45pm	Pregnancy Yoga The Riverside Singers	Devoran Village Hall Devoran Parish Centre	<a href="mailto:Ruthbennettphysio@gmail.com">Ruthbennettphysio@gmail.com</a> Helen 01209 821310

Term time			07747740987 – free trial session
7.30pm	Quiz Night	The Old Quay Inn, Devoran	£3 per person, booking requires 01872 863142- half time snacks

## WEDNESDAYS

9.15am	The Body Project	The Hub, Carnon Community Methodist Church	<a href="http://www.thinkfitcornwall.com">www.thinkfitcornwall.com</a>
9.15am	Pilates	Devoran Village Hall	<a href="mailto:Zoejcrouse@gmail.com">Zoejcrouse@gmail.com</a>
9.30am – 12 noon	Produce Van	Devoran Village Hall	
10.15am	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971238811 <a href="http://anellayoga.com">anellayoga.com</a>
10.30am	Functional Strength	Devoran Village Hall	<a href="mailto:Zoejcrouse@gmail.com">Zoejcrouse@gmail.com</a>
10.30am to noon	Coffee Morning	The Hub, Carnon Community Methodist Church	
12 noon	Zest for Life Men's Pilates	Devoran Village Hall	<a href="mailto:Zoejcrouse@gmail.com">Zoejcrouse@gmail.com</a>
11am to 1pm	The Wellbeing Club	Perranwell Village Hall	Sue 07817 303112 fortnightly.
		11 <sup>th</sup> Christmas Party	
1.30 to 4pm	U3A Art Group 1 <sup>st</sup> , 2 <sup>nd</sup> & 3 <sup>rd</sup> Weds	St Feock Church Community Hall	01872 865764
2pm	The Carrick Singers Choir	Kea Community Centre	Andrew 01872 870164
2.30pm	Carpet Bowls	The Hub, Carnon Community Methodist Church	
2.45pm	Pilates for Life	Carnon Downs Village Hall	Sarah Trotter
4pm	Pilates	Devoran Village Hall	<a href="mailto:Zoejcrouse@gmail.com">Zoejcrouse@gmail.com</a>
6pm	Pilates Gentle with Lucy	Chycara	Book online <a href="http://www.lapilates.co.uk">www.lapilates.co.uk</a>
6pm	Fal & Truro Chess Club	Carnon Downs village Hall	Robin Kneebone 07531 543651 <a href="mailto:chesscornwall@gmail.com">chesscornwall@gmail.com</a>
6.15pm	Slow Flow Yoga	Anella Yoga Studio, Devoran	07971 238811 <a href="http://www.anellayoga.com">www.anellayoga.com</a>
6.30pm	Devoran Cubs & Scouts	Devoran Village Hall	<a href="mailto:Harryjones61@icloud.com">Harryjones61@icloud.com</a> 07785 392377
	Devoran Explorer Scouts	Devoran Village Hall	<a href="mailto:teamleaders@devoranexplorers.org">teamleaders@devoranexplorers.org</a>

## THURSDAYS

9.15am 1 <sup>st</sup> August only	Step & Strength	Devoran Village Hall	<a href="mailto:zoejcrouse@gmail.com">zoejcrouse@gmail.com</a>
10am pick up	St Feock Community Minibus Day Trip	<i>6<sup>th</sup> Porthleven, 13<sup>th</sup> St Agnes, 20<sup>th</sup> Plymouth, 27<sup>th</sup> Port Isaac</i>	To book phone 07754 107835 Between 9.30am and 10.30am
10am to 12 noon	'Time to Create' Mindfulness & Creative Art therapies for Wellbeing with Gaelle	Carnon Downs Village Hall	Rates: £10 recommended but donations accepted. 07782 506285 to book <a href="mailto:hello@mindfulreset.co.uk">hello@mindfulreset.co.uk</a>
10.30am	Zest for Life Pilates	Devoran Village Hall	<a href="mailto:zoejcrouse@gmail.com">zoejcrouse@gmail.com</a>
10.30am	Slow Flow + Crystal Bowls	Anella Yoga Studio, Devoran	07971238811 <a href="http://anellayoga.com">anellayoga.com</a>
1.45 to 2.45pm	Mum & Baby Yoga	Devoran Village Hall	<a href="mailto:Ruthbennettphysio@gmail.com">Ruthbennettphysio@gmail.com</a>

2pm – 4.30pm 3.15 to 4.15pm	Ladies Table Tennis Physio-Led Pilates	St Feock Church Comm Hall Devoran Village Hall	01872 863377 <a href="mailto:Ruthbennettphysio@gmail.com">Ruthbennettphysio@gmail.com</a>
4.30pm	Circuits R Us – all abilities welcome	Carnon Downs village Hall	<a href="mailto:Contact: Claire 07792 046151">Contact: Claire 07792 046151</a> <a href="http://www.circuitsrus.co.uk">www.circuitsrus.co.uk</a>
5.45pm	Think Fit Workout of the Week	The Hub, Carnon Community Methodist Church	<a href="http://www.thinkfitcornwall.com">www.thinkfitcornwall.com</a>
5pm 6.30pm	Slice Pizza Van Gentle Flow Yoga	Carnon Downs Village Hall Anella Yoga Studio, Devoran	<a href="http://www.slicepizzacornwall.com">www.slicepizzacornwall.com</a> 07971 238811 <a href="http://www.anellayoga.com">www.anellayoga.com</a>
7.30pm	Zumba with Charlotte	Carnon Downs Village Hall	07810 711832

## FRIDAYS

9.30am to 11am Term time only	Tots & Toys Stay & Play Toddler Group	Devoran Village Hall	07702 800248 <a href="mailto:Jane@thewatersidechurches.com">Jane@thewatersidechurches.com</a>
10am	Gentle Yoga	Anella Yoga Studio, Devoran	07971 238811 <a href="http://www.anellayoga.com">www.anellayoga.com</a>
10 to 12 noon	Carnon Downs Crafters Crochet & Sew Workshop	Carnon Downs Village Hall	Make fun street art, all abilities welcome, just turn up!
2.20pm	Wesley Guild	The Hub – Carnon Community Methodist Church Hall	
4.15 – 5.45pm	Ceilidh Dance (Barn Dance)	Devoran Village Hall	All ages (12+) contact <a href="http://www.ceilidhcornwall.com">www.ceilidhcornwall.com</a>

## SATURDAYS

9am	Dynamic Vinyasa	Anella Yoga Studio, Devoran	07971 238811 <a href="http://www.anellayoga.com">www.anellayoga.com</a>
10.30am	Slow Flow Yoga	Anella Yoga Studios, Devoran	07971238811 <a href="http://anellayoga.com">anellayoga.com</a>
1.30pm	Perranwell Football Club Produce Van	Tregye Pitch, Carnon Downs Devoran Village Hall Car Park	07971 951201 Except Village Market days

## SUNDAYS

9am	Tiny Toes Ballet	Devoran Village Hall	<a href="http://Tinytoesballet.co.uk/cornwall">Tinytoesballet.co.uk/cornwall</a>
10am	Church Service	Waterside Churches Devoran & St Feock	01872 276357
10am 10am	Dynamic Hatha Yoga Bissoe Trail Walking Group	Anella Yoga Studios, Devoran Bissoe Valley Car Park 1 hour walk	07971238811 <a href="http://anellayoga.com">anellayoga.com</a> <a href="mailto:Sallybeme@gmail.com">Sallybeme@gmail.com</a> Facebook page
10.30am	Church Service	The Hub, Carnon Community Methodist Church	
10.30 to 11.30am	The Community Space	Penpoll Chapel	Hot drink and a chat
10.30am	Quaker Meeting House	Come to Good	Quiet reflection
11am - weather permitting	Carnon Downs Car Boot Sale	Cats Protection field, Point Road, Carnon Downs	<a href="http://www.facebook.com/CornwallAdoptionCentre">www.facebook.com/CornwallAdoptionCentre</a>
11.15am	Meditation	Anella Yoga Studios, Devoran	07971238811 <a href="http://anellayoga.com">anellayoga.com</a>

Deadline for events for inclusion in May 'What's On' is 17<sup>th</sup> April 2025



# WALK & TALK

## Improve your wellbeing with our Guided Walks in Feock Parish

Walks held every 2nd and 4th Tuesday @ 10am - 1.5 hrs walk time

2nd Tuesday of 'even' months will be a shorter 30 minute 'Feock Strolls' walk

Come and join our experienced walk leader through our beautiful local countryside, embrace our local heritage on the Parish Council's 'Feock Trails' walks and new Active Feock 'Feock Strolls' walks.

Dogs welcome on fixed leads, bring a drink and a snack.



To book your free place:  
Call 01872 863333, 9am - 12 noon weekdays  
or email [myfeock@feockparishcouncil.gov.uk](mailto:myfeock@feockparishcouncil.gov.uk)

Walk meeting points are listed on our websites [www.myfeock.co.uk](http://www.myfeock.co.uk) - [www.feockparishcouncil.gov.uk](http://www.feockparishcouncil.gov.uk)  
Monthly 'What's On' listing available from the red phone boxes within the parish and Devoran Community Library.





**The Hub**  
Carnon Community Methodist Church



CORNWALL  
repair  
cafe  
NETWORK



# REPAIR CAFE

**If you can carry it, we'll take a look!**

- ✓ **Wooden items - bolting, tightening, gluing and creating new pieces and woodwork**
  - ✓ **Clocks (not battery or electric)**
  - ✓ **Electrical - plugs, fuses, basic wiring (no PAT testing)**
  - ✓ **Clothing & textiles - mending, zips, darning, repairs**
  - ✓ **Soft toys, knitting and crochet**
  - ✓ **Minor jewellery repairs**
  - ✓ **Technology**
- ✓ **South West Water and Community Energy Plus drop in help desks plus meet your Parish Councillor**



**Pop into see us - last Tuesday of the month,  
10 to 11.30am @ The Hub - Carnon Community  
Methodist Church Hall, Carnon Downs**

**Items must be received by 11am to allow for repairs up to  
11.30am**

**Donations for refreshments & repairs gratefully received towards  
the cost of running the Repair Cafe**

**Contact: [myfeock@feockparishcouncil.gov.uk](mailto:myfeock@feockparishcouncil.gov.uk)**

**[www.myfeock.co.uk](http://www.myfeock.co.uk)  MyFeock Wellbeing 01872 863333**



## Could you spare a little time helping your community?

Would you like to support our local services, activities and events? Lots of local groups are looking for volunteer support.

We would love to hear from you if you have time to volunteer!

Please get in touch:

Feock Parish Council 01872 863333 or [myfeock@feockparishcouncil.gov.uk](mailto:myfeock@feockparishcouncil.gov.uk)

Follow us on Facebook – MyFeock Wellbeing

This What's On listing has been produced by MyFeock wellbeing (Feock Parish Council's wellbeing service).

If you would like your event, group or activity added please get in touch.

A copy of this listing as well as an electronic calendar can be found on

[www.myfeock.co.uk](http://www.myfeock.co.uk)

