

What's On in Feock Parish



July 2026

July dates – clubs & events if not held weekly



Events Spotlight:

Carnon Downs Bowling Club – every day from 10am

Quiz Night + Interval Entertainment – Fri 3rd Carnon Downs Bowls Club

Scarecrow Competition – Fri 17th-19th July Carnon Downs Village Hall

Repair Café – Tues 28th the Hub Carnon Community Methodist Hall

Various dates	"Swim Together" social sea swimming group	Loe Beach various dates	Facebook page 'Swim together @ Loe Beach'
Various dates	Cornish Claycutters Baseball Club	Winter meetings – see website/Facebook	www.facebook.com/claycutters claycuttersbaseball@gmail.com
Various dates	Carnon Downs Community Association	Carnon Downs village Seasonal community events	www.carnondownsvillage.co.uk www.facebook.com/carnondownsvillage
6 -7.15pm Juniors + Academy 7.15- 10pm Carrick Chess Club	Falmouth & Truro Chess Club (fortnightly mainly Mondays)	Carnon Downs Village Hall 6pm to 10pm Coaching 6pm to 7.15pm	Check website for dates www.cornwallchess.org.uk/html/clubs/falmouth.shtml Robin Kneebone 07531 543651
Tuesdays: food van, 4-7	Carnon Downs Village Hall Car Park	Carnon Downs Campsite from 7.15	www.facebook.com/CarnonDownsCAMC
Sat early Mar 9am	Wellbeing Trail Rides on the Bissoe Cycle Trail	Kernow Racing Team – start venue tbc	See Kernow Cycle Team Facebook Monthly Saturdays
Tues 2nd June 10 to 11.30am	MyFeock Walks & Talks – meeting place available on booking	, 5 miles medium difficulty, walking boots/good trainers advised	FREE - Book via 01872 863333 Cathy@feockparishcouncil.co.uk as walks can be subject to change
Tues 8 th Sept 7.15pm	Old Cornwall Society	Carnon Downs Village Hall	Lewishock@aol.com 1 st Tues of month Sept to Apr
Thurs 2nd July 2-4pm	Carnon Downs Memory Cafe	Carnon Downs Village Hall	1 st & 3 rd Thursdays of the month
Fri 3rd July 7pm for 7.30pm	Quiz Night + Singer Bar, Supper	Carnon Downs Bowls Club	Tickets £15 07712 219170/ 07582 340771
Sat 4 th July – 12 noon	10am Coffee, Tea and Cake Morning	Carnon Downs Bowling Club, Forth Coth.	1 st Saturday of month – £2

Weds 8 th July 10am – 10.25am 10.40am – 11am 11.20am – 11.45am	Cornwall Council Mobile Library	Smithy Lane, Carnon Downs Penpol car park Restronguet Point	Monthly on Wednesdays
Weds 8 th July 9am -12pm	Cornwall Library Services Book Delivery / Returns	Feock Parish Council Micro Library, Devoran	Contact Cornwall Library Services 0300 1234 111 for enquiries
Friday 10 th July 12.30pm(fortnightly)	St Feock Village Lunch 2 course home cooked £8.50	St Feock Church Community Hall	Donna Bryant 07939 819392 Booking Essential!
Tues 14 th July 10am – 12noon	Jozef's Dream Support Group Drop-in/ stay & play/ access to advice	The Hub Carnon Downs	2 nd Tues of month – Sue 07921 537647 Medically complex children
Tues 13 th Oct 1.30pm (6.30pm)	Flower Club	St Feock Church Hall	2 nd Tues of month (Apr/May/Jun) (1.30pm Feb/Mar/Oct/Nov)
Tuesday 14 th July 1.30pm – 4.30pm	Carnon Downs Community Art Group	Carnon Downs Village Hall New Hall	Patricia French 01872 865938 2 nd and 4 th Tuesday
Tues 14 th July 2pm – 4pm	Carnon Downs Pain Café monthly relaxing sessions	Carnon Downs Village Hall	Booking required: Libbyhuddy@imagineif.net or call 07496 825523 (2 nd Tues of month)
Tues 14 th July 7pm for 7.15pm Oct- Mar 2pm	CD WI: Fused Glass Demo/Workshop	Carnon Downs Village Hall	2 nd Tues of month visitors welcome petchapman@hotmail.com
Tues 15 th Sept 7.30pm	Carnon Downs Gardeners' Association	Carnon Downs Village Hall Main Hall	maryjackmanco@yahoo.co.uk 3 rd Tues of month Sept to June
Thurs 16 th July 2-4pm	Carnon Downs Memory Cafe	Carnon Downs Village Hall	1 st & 3 rd Thursdays of the month
Fri 17th -19th July	Scarecrow Competition	Carnon Downs Community Association / Village Hall	Maps on sale from village hall Ice Cream van on Saturday Sunday 2-5pm results event
Fri 18 th Sept 6.30pm	Carnon Downs Film Club	Carnon Downs Village Hall	£4 members, £6 non-members 3 rd Friday of month – Sept to May
Sun 19 th July 4pm – 6pm	Sunday Stars for 8- 13yr olds	Devoran Parish Centre	3 rd Sunday of the month. Activities and Pizza.
Tues 10 to 11.30am	MyFeock Walks & Talks – meeting place available on booking	tbc	FREE - Book via 01872 863333 Cathy@feockparishcouncil.co.uk as walks can be subject to change
Weds 16 th Sept – 3pm	1pm Arthritis Trust Walks	Trelissick Gardens – meet by main entrance	Booking essential please: info@cornwallarthritis.org.uk
Friday 24 th July 12.30pm (fortnightly)	St Feock Village Lunch 2 course home cooked £7.50	St Feock Church Community Hall	Donna Bryant 07939 819392 Booking Essential!
Tuesday 28 th July 10am	Coffee Spot	Devoran Parish Centre (behind Church)	2 nd and 4 th Tuesdays

Tues 28 th July 1.30pm – 4.30pm	Carnon Downs Community Art Group	Carnon Downs Village Hall	Patricia French 001872 865938 2 nd and 4 th Tuesdays
Tues 28th July 10am-11.30am	Repair Café	The Hub Carnon Community Methodist Church Hall	Repairs to be received by 11am Last Tues of month
Tuesday 28 th July 10am	Knit Knot and Natter	Linden Hey Tea Room	Last Tues of Month
Weds 29 th July 1.30pm – 4pm	U3A French Films	St Feock Church Community Hall	Genevieve Rosier 01872 273333 Last Weds of month

Daily Listings

MONDAYS

9.00 - 12noon	Carnon Lace & Needle Craft Group	Carnon Downs Village Hall	Mary 07977 625948 emarydunstan@icloud.com
9.15 – 10.15am	HIFT (High Intensity Functional Training)	Devoran Village Hall	Zoejcrouse@gmail.com
10.30 – 11.30am	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
10am to 12 noon Term time only	Sunbeams Stay & Play Toddler group	The Hub, Carnon Community Methodist Church	Enquiries to join waiting list please contact: 07871 367859
10am pick up	St Feock Community Minibus Day Trip	<i>13th Stithians Show</i>	To book phone 07754 107835 Between 9.30am and 10.30am
12-1pm	Fit For Life 60+	Devoran Village Hall	Zoejcrouse@gmail.com
12.15pm	Gentle Pilates	Carnon Downs Village Hall	
Pm	Knit & Stitch Group	Carnon Downs Village Hall	
2pm	U3A Yoga	St Feock Community Church Hall	Liz Walden 01326 376843 Sept - May
4 to 6pm	U3A Table Tennis	St Feock Community Church Hall	Merrick 01872 865336
6pm	Pilates Flow	Chycara	Book online www.lapilates.co.uk
6.15pm	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
6.30 – 7.30pm	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com

TUESDAYS

9.45 to 11.45am	IT Class - bring own laptop etc.	Carnon Downs Village Hall	£3 including Coffee
10am pick up 8am start on 28th	St Feock Community Minibus Day Trip	<i>7th Trewidden, 14th Tremenhere Sculpture Gdn, 21st Lanhydrock, 28th Rosemoor RHS Gdns</i>	To book phone 07754 107835 Between 9.30am and 10.30am
10am	Slow Flow Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
12.30pm	Pilates (Fresh)	Carnon Downs Village Hall	
4.10pm	Pilates (Intermediate)	Carnon Downs Village Hall	
4.30 to 7pm	Fish, Chip & Pizza Van	Forth Coth, Carnon Downs	Carnon Campsite from 7.15pm
6pm	Physio-Led Pilates	Devoran Village Hall	Ruthbennettphysio@gmail.com
6.15pm	Dynamic Vinyasa Yoga	Anella Yoga Studio, Devoran	07971238811 anellayoga.com

6.45 to 7.45pm Term time	Iyengar Yoga (UK)	Devoran Village (Lower) Hall	£5 donation/class
7.15pm	Pregnancy Yoga	Devoran Village Hall	Ruthbennettphysio@gmail.com
7.15 to 8.45pm Term time	The Riverside Singers	Devoran Parish Centre	Helen 01209 821310 07747740987 – free trial session
7.30pm	Quiz Night	The Old Quay Inn, Devoran	£3 per person, booking requires 01872 863142- half time snacks

WEDNESDAYS

9.15am	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
9.30am – 12 noon	Produce Van	Devoran Village Hall	
10.15am	Vinyasa Yoga	Anella Yoga Studio, Devoran	07971238811 anellayoga.com
10.30am	Functional Strength	Devoran Village Hall	Zoejcrouse@gmail.com
10.30am to noon	Community Coffee Morning	The Hub, Carnon Community Methodist Church	
12 noon	Zest for Life Men's Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
11am to 1pm 12 th & 26 th Nov	The Wellbeing Club	Perranwell Village Hall	Sue 07817 303112 fortnightly.
1.30 to 4pm	U3A Art Group 1 st , 2 nd & 3 rd Weds	St Feock Church Community Hall	01872 865764
2pm	The Carrick Singers Choir	Kea Community Centre	Andrew 01872 870164
2pm – 4.30pm	Lawn Green Bowling Practice Matches	Carnon Downs Bowling Club	Steve McCarthy 01872 396091 mccarthies@aol.com
2.30pm	Carpet Bowls	The Hub, Carnon Community Methodist Church	
2.45pm	Pilates for Life	Carnon Downs Village Hall	Sarah Trotter
4pm	Pilates	Devoran Village Hall	Zoejcrouse@gmail.com
6pm	Pilates Gentle with Lucy	Chycara	Book online www.lapilates.co.uk
6pm	Fal & Truro Chess Club	Carnon Downs village Hall	Robin Kneebone 07531 543651 chesscornwall@gmail.com
6.30pm	Deep Stretch + Crystal Bowls	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
6.30pm	Devoran Cubs & Scouts	Devoran Village Hall	Harryjones61@icloud.com 07785 392377
	Devoran Explorer Scouts	Devoran Village Hall	teamleaders@devoranexplorers.org

THURSDAYS

9.30am	Yoga general, beginners,	Carnon Downs Village Hall	9.30 / 11.30
10am pick up	St Feock Community Minibus Day Trip	<i>2nd Saltram, 9th Story of Emily, St Ive, 16th Bude, 23rd Bodmin Gdn Centr, 30th Torpoint</i>	To book phone 07754 107835 Between 9.30am and 10.30am
10.30am	Deep Stretch + Crystal Bowls	Anella Yoga Studio Devoran	07971 238811 www.anellayoga.com
10.30am	Zest for Life Pilates	Devoran Village Hall	zoejcrouse@gmail.com

1.45 to 2.45pm	Mum & Baby Yoga	Devoran Village Hall	Ruthbennettphysio@gmail.com
2pm – 4.30pm	Ladies Table Tennis	St Feock Church Comm Hall	01872 863377 Sept - June
2pm	Whist Drive	Carnon Downs Village Hall	
3.15 to 4.15pm	Physio-Led Pilates	Devoran Village Hall	Ruthbennettphysio@gmail.com
5pm	Slice Pizza Van	Carnon Downs Village Hall	www.slicepizzacornwall.com
6.15pm	Iyengar Yoga	Carnon Downs Village Hall	
6.30pm	Gentle Flow Yoga	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com

FRIDAYS

9.30am to 11am Term time only	Tots & Toys Stay & Play Toddler Group	Devoran Village Hall	07702 800248 Jane@thewatersidechurches.com
10am	Pilates (intermed/improvers)	Carnon Downs Village Hall	
10 to 12 noon	Carnon Downs Crafters Crochet & Sew Workshop	Carnon Downs Village Hall	Make fun street art, all abilities welcome, just turn up!
12.30 -4pm	St Piran's Bridge Club	CDVH -New Hall	We welcome new members – no partner required 01872 863453
2.20pm	Wesley Guild	Carnon Community Methodist Church Hall	
6.15 – 7.15pm	Restorative + Reiki	Anella Yoga Studio Devoran	07971 238811 anellayoga.com

SATURDAYS

10am	Vinyasa	Anella Yoga Studio, Devoran	07971 238811 www.anellayoga.com
11.15am	Stagezone Youth Theatre	Carnon Downs Village Hall	Michelle Moses 07967 828770
please check times	Perranwell Football Club	Tregye Pitch, Carnon Downs	07971 951201
1.30pm	Produce Van	Devoran Village Hall Car Park	Except Village Market days

SUNDAYS

9am	Tiny Toes Ballet	Devoran Village Hall	Tinytoesballet.co.uk/cornwall
9.30 -10.30	Pilates	Anella Yoga Studio Devoran	07971 238811 anellayoga.com
10am	Church Service	Waterside Churches Devoran & St Feock	01872 276357
10.45 – 11.45am	Dynamic Hatha Yoga	Anella Yoga Studios, Devoran	07971238811 anellayoga.com
10am	Bissoe Trail Walking Group	Bissoe Valley Car Park 1 hour walk	Sallybeme@gmail.com Facebook page
10.30am	Church Service	The Hub, Carnon Community Methodist Church	
10.30 to 11.30am	The Community Space	Penpoll Chapel	Hot drink and a chat
10.30am	Quaker Meeting House	Come to Good	Quiet reflection
11am - weather permitting	Carnon Downs Car Boot Sale	Cats Protection field, Point Road, Carnon Downs	www.facebook.com/CornwallAdoptionCentre
11.15am	Meditation	Anella Yoga Studios, Devoran	07971238811 anellayoga.com

Deadline for events for inclusion in August 'What's On' is 20th July 2026

CARNODDOWNS
COMMUNITY ASSOCIATION

SCARECROW Competition

Get your entries in now!

Friday 17th to Sunday 19th July

THEME: JOBS FROM 200 YEARS AGO

£25 FIRST PRIZE!

ANAGRAM COMPETITION

TO ENTER A SCARECROW CONTACT:

- Caroline on 01872 864567
- Message us on Facebook
- carnondownsvillage@gmail.com

MAPS ON SALE AT VILLAGE HALL:

Friday 17th July	4pm – 6pm
Saturday 18th July	10am – 5pm
Sunday 19th July	10am – 3pm

All those entering a scarecrow go into a **SPECIAL PRIZE DRAW** as a thank you for making a scarecrow!

Live on the outskirts of the village but would still like to enter? We can find you a central spot to display your entry.

RESULTS ANNOUNCED: SUNDAY AFTERNOON 2PM TO 5PM IN VILLAGE HALL
PIMMS, CAKES, GAMES & RAFFLE!

ICE CREAM VAN ON SATURDAY!

Penhaligon's Friends
In aid of the Village Christmas Lights & Penhaligon's Friends

www.carnondownsvillage.co.uk

WALK & TALK

active feock

Improve your wellbeing with guided walks in Feock parish

Walks held regularly on various Tuesdays at 10am

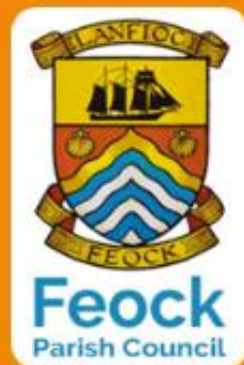
Contact Cathy at the Parish Council on 01872 863333 or email myfeock@feockparishcouncil.gov.uk or check our Facebook pages for details of dates and meeting place

www.feockparishcouncil.gov.uk/activefeock

Facebook icon: Feock Parish Council / MyFeock Wellbeing

REPAIR CAFE

If you can carry it, we'll
take a look!



- ✓ Wooden items - bolting, tightening, gluing and creating new pieces and woodwork
- ✓ Clocks (not battery or electric)
- ✓ Electrical - plugs, fuses, basic wiring (sorry no PAT testing)
- ✓ Clothing & textiles - mending, zips, darning, repairs
- ✓ Soft toys, knitting and crochet
- ✓ Minor jewellery repairs
- ✓ Technology
- ✓ Vacuums (must be clean/empty, all attachments present and recharger/cord and plug present)
- ✓ MyFeock Wellbeing & community services help desks
- ✓ Meet your Parish Councillors



**Pop into see us - last Tuesday of the month,
10 to 11.30am @ The Hub - Carnon Community
Methodist Church Hall, Carnon Downs**

**Items must be received by 11am to allow for repairs
up to 11.30am**

Cash donations for refreshments & repairs gratefully received
towards the cost of running the Repair Cafe

Contact: Cathy via email myfeock@feockparishcouncil.gov.uk



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www.myfeock.co.uk

MyFeock Wellbeing

Tel: 01872 863333





Could you spare a little time helping your community?

Would you like to support our local services, activities and events? Lots of local groups are looking for volunteer support.

We would love to hear from you if you have time to volunteer!

Please get in touch:

Feock Parish Council 01872 863333 or myfeock@feockparishcouncil.gov.uk

Follow us on Facebook – MyFeock Wellbeing

This What's On listing has been produced by MyFeock wellbeing (Feock Parish Council's wellbeing service).

If you would like your event, group or activity added please get in touch.

A copy of this listing as well an electronic calendar can be found on

www.myfeock.co.uk

